



Liability & Waiver Form

I _____ wish to participate in TOG Mind's Wellbeing Hub's activity/s.

I understand that there can be risks inherent to this type of activity, exercise, and/or physical session, and I accept full responsibility for my own personal health and safety during my participation. I attest that I am in a fit state to take part in and complete the activity. I agree that my participation is voluntary, and I will not hold TOG Mind or any of its employees/volunteers responsible for any harm that may result from my involvement in this activity.

Stipulations:

- Please follow all verbal instructions from TOG Mind team members
- No verbal or physical abuse will be tolerated towards our staff, volunteers, or other session attendees. We reserve the right to ask you to leave should you display behaviour like this
- Please treat everyone with courtesy, decency, and respect
- We do not accept bullying, discrimination, or intimidation of any kind
- **We do take photos in our sessions, these are to promote/share activities across our social media platforms, to document services, and to use in the process of future bids. If you DO NOT wish to have your photo taken, please tick here:**
- If you attend any session under the influence of drugs or alcohol you will be asked to leave
- TOG Mind can not accept responsibility for any loss or damage to personal items brought to and/or used in the session
- Personal items are left unattended at your own risk
- Please ensure coats and bags are not causing any obstructions or trip hazards
- Appropriate clothing & footwear must be worn activity depending. We can't be held responsible for any damage caused due to materials or weather
- When electrical items are used, please ensure no wires are blocking walkways

- If you are attending a group where hot drinks are provided, please keep to one person at a time at the hot drinks area
- If you have any allergies or dietary requirements, please let a member of the team know as soon as possible
- If you have any symptoms of Covid, please follow the latest government guidelines and do not attend a session until you are testing negative
- Wellbeing Hub attendees are required to be able to manage their own safety and wellbeing

Signature:

Please sign below to say you have read and fully understand the above information:

Participant signature: _____Date: _____

The below information is for the use of Tameside Oldham and Glossop Mind only, and will not be shared with any third parties:

Email: _____

Phone: _____

Address: _____

Emergency Contact Name: _____

Emergency Contact Number: _____