

Pre-Survey Suggested Questions

1. Name
2. Workforce sector
3. Job title
4. Area of GM based in
5. How do you rate your current knowledge and understanding of mental wellbeing?
With 1 being no knowledge and 8 being extremely knowledgeable.
6. How do you rate your skill to have effective conversations about mental wellbeing ? With 1 being not at all skilled and 8 being extremely skilled.
7. To what extent do you have resources and tools to hand that support you to have effective conversations about mental wellbeing? with 1 being not at all and 8 being very much so.
8. How confident do you feel to have conversations about mental wellbeing within your workplace culture? with 1 being not at all confident and 8 being extremely confident.
9. How much do you think that the people you work with want you to start a conversation about mental wellbeing? With 1 being not at all and 8 being very much so.
10. How confident do you feel that having a conversation about mental wellbeing with the people you work with will have a positive effect? With 1 being not at all confident and 8 being extremely confident
11. What is the most important thing for you to get out of connect 5 training?
12. has your work stream changed since COVID-19?