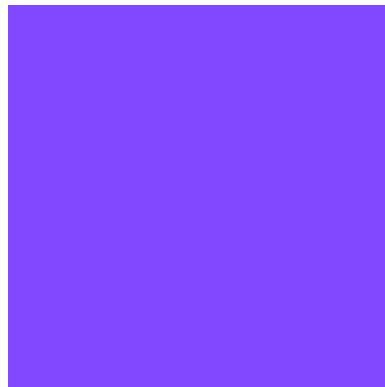


 mind Tameside, Oldham and Glossop

**We are looking for volunteers!**

# Peer Connectors

Help us build a bridge  
between people and local  
and community services



April 2024  
Tameside, Greater Manchester



# About us

We provide a wide range of services to our local communities. We provide support to individuals, groups, and families. We work with people of all ages and have a dedicated Youth in Mind team providing support to Children and Young people. We typically work with over 5,000 people per year and have consistently received feedback that over 70% of people felt their wellbeing had improved as a result of using our services.

## Our Vision

Enabling everyone in our communities to achieve better mental health

## Our Mission

To continue to provide the best quality local mental health services in prevention, early intervention and primary care; alongside empowering individuals and our communities to live well

## We believed that

- Mental health is as important as physical health, and applies to everyone.
- People are experts on themselves and our role is to work holistically to help people to help themselves.
- As a charity, TOG Mind occupies a special place in the landscape of mental health services. We can innovate, adapt and serve our communities in ways that others can not.
- Our appetite for continuous development and improvement enables us to affect positive change.



# Our values

## Relationships

We listen and ask questions to understand others and to build trust. People matter to us both inside and outside our organisation.

## Potential

We encourage personal responsibility for development by discovering and realising the abilities and energies of people.

## Aspiration

We support one another, clients, and communities to achieve better mental health.

## Learning

We seek insight and grow from experience finding new or better ways to contribute to the field of mental health.

# Contact us

- Call: 0161 330 9223
- Email: [office@togmind.org](mailto:office@togmind.org)
- Website: [www.togmind.org](http://www.togmind.org)
- Facebook: [Tameside, Oldham & Glossop Mind](https://www.facebook.com/Tameside, Oldham & Glossop Mind)
- Twitter: [@TOGMind](https://twitter.com/TOGMind)
- Instagram: [@tog\\_mind](https://www.instagram.com/tog_mind)
- LinkedIn: [Tameside, Oldham and Glossop Mind](https://www.linkedin.com/company/Tameside, Oldham and Glossop Mind)

## Our offices:

### Ashton-under-Lyne:

- 216-218 Katherine Street, Ashton-under-Lyne, OL6 7AS.

### Oldham:

- 19-25 Union Street, Oldham, OL1 1HA.





# Peer Connector

**Role:**

Volunteer

**Time commitment:**

3 hours per week

**Starting:**

June 2024

**Based in:**

Tameside,  
Greater Manchester

**Purpose:**

The aim of the Peer Connector role is to support mental health and wellbeing, encourage community connections, and help people access different types of community support. This is all about increasing independence and aiding recovery.

**Role Description:**

Join our team as a Volunteer Peer Support Connector, an essential part of the Peer Support initiative in Tameside. Our goal is to bring people closer together and connect them with vital support in their communities.

In mental health recovery, accessing community resources and networks is crucial. As a Peer Support Connector, you'll help individuals:

- Connect with peers, reducing isolation and sharing experiences and insights.
- Establish routine and structure in their lives.
- Engage in interests and hobbies.
- Develop skills through learning and growth opportunities.
- Access wellbeing activities and resources.
- Attend GP appointments.

Your role will make a real difference in bridging gaps and supporting people on their recovery journey. Join us today and be a part of positive change in our community!





## **We're looking for volunteers with:**

- Personal experience with mental health challenges.
- A genuine passion for helping others.
- Familiarity with the Tameside area.
- Reliability and commitment.
- Willingness to learn about community resources.
- Ability to understand and maintain boundaries.
- Basic IT skills.
- Strong communication and listening skills.
- A non-judgmental attitude.
- Enthusiasm for learning and personal growth.

If you have some of these qualities and want to join us, just get in touch for a quick chat. We're happy to hear from you and love your enthusiasm! You can reach our Volunteer Manager at:

- Email [volunteer@togmind.org](mailto:volunteer@togmind.org)
- Call/WhatsApp at 07990 430 385 (Tuesday to Friday from 8am to 4pm)

## **Benefits:**

- We cover reasonable expenses for volunteers.
- You'll receive a comprehensive induction, including core organizational training, and free NHS training in Safeguarding and Data Security - Level 1.
- Access our organizational training program, with options like incident training, Safeguarding Level 2, Suicide prevention, Equality and Diversity, and more.
- Receive ongoing support and supervision relevant to your role, including internally delivered peer group supervision.
- DBS checks, funded by the organization.
- You'll have the chance to use your skills and compassion to make a real difference in people's lives.
- Volunteering can boost your sense of connection to the local community, improve self-esteem and confidence, and give you a sense of achievement.
- Interact with and support individuals from diverse backgrounds, enhancing your awareness, knowledge, and skills.
- Explore possibilities for moving into paid roles within our organization or the wider sector.
- If you have volunteer with us for a continuous period of 6 months, we could be a reference for a job application.

# Interested in volunteering?

Here's what to do next:



Alternatively, visit [www.togmind.org](http://www.togmind.org) / get involved / volunteering / form



## and start volunteering with us!

Safety is our priority, so before you start your volunteering journey, we need to start a DBS check. It is free for you.

### What is a DBS check?

A DBS check is a way for organisations to check your criminal record, to help decide whether you are a suitable person to work or volunteer for them. This includes deciding whether it is suitable for you to work with children or vulnerable adults.

### What I need to do?

Our HR department will contact you with all the steps. But to make this process faster, you need to bring 3 documents that are:

- current, valid and original
- show your current name
- 1 must show your current address
- 1 must show your date of birth

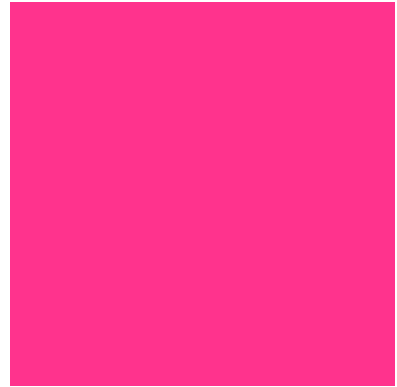
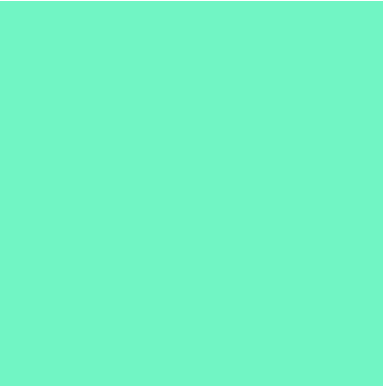
Please bring the following documents to the recruitment session:

### 1 Document from this list:

- Passport
- Driving licence with photo (full or provisional)
- Biometric residence permit
- Birth certificate (issued within 12 months of birth)
- Adoption certificate

### 2 Documents from this or the previous list:

- Immigration document, visa or work permit
- Marriage/civil partnership certificate
- HM Forces ID card
- Firearms licence
- Mortgage or Financial statement
- Council Tax statement
- Bank or building society statement or account opening confirmation letter
- Credit card statement
- Utility bill (not mobile phone bill)
- Benefit statement
- Central or local government, government agency statement



# We are looking forward to hearing from you!

We're happy to hear from you and love your enthusiasm!  
You can reach our Volunteer Manager at:



0161 330 9223




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