



music in mind

Become a Music in Mind Music Champion!

Be part of the UK Centre of Excellence for Music & Dementia!

Music in Mind supports community workers and volunteers to lead their own music sessions for people living with dementia and their family carers.

No previous music experience needed!

As a Music Champion you will be able to:

- Help run a Music Café for your dementia community
- Support other volunteers and family carers to be confident in using music as part of dementia care
- Bring joy into the lives of people with dementia and their family carers by making music together

What you get from the Music Champion programme:

- **Support and training** from music therapists and musicians during in person music sessions
- **Ongoing support** online and in person with other Music Champions
- **Tutorial** videos, music tracks and other resources
- **Completion certificate** at the end of your course

'You are unsung heroes...after Mum's first session I literally cried happy tears. So, from my family and I, thank you to each and every one of you'
Quote from a family carer at a Music in Mind Music Café

If you can spare 2-3 hours a week and would like to become a Music Champion, we would love to hear from you!

Please contact Julia Duarte:
volunteer@togmind.org or 07990430385

or visit: www.musicinmind.org



Music in Mind has been delivered by Manchester Camerata since 2012