# Tameside, Oldham and Glossop



# Children, Young People and Families



Community CAMHS Navigator

## **About the Organisation**



#### **Our Vision**

"Enabling everyone in our communities to achieve better mental health"

#### **Our Mission**

"To continue to provide the best quality local mental health services in prevention, early intervention and primary care; alongside empowering individuals and our communities to live well."

We provide a wide range of services to our local communities. We provide support to individuals, groups, and families. We work with people of all ages and have a dedicated Youth in Mind team providing support to Children and Young people. We typically work with over 5,000 people per year and have consistently received feedback that over 70% of people felt their wellbeing had improved as a result of using our services.

#### **Our Values**

#### TOG Mind is passionate about mental health and believes that:

- Mental health is as important as physical health, and applies to everyone.
- People are experts on themselves and our role is to work holistically to help people to help themselves.
- As a charity TOG Mind occupies a special place in the landscape of mental health services. We can innovate, adapt and serve our communities in ways that others can not.
- Our appetite for continuous development and improvement enables us to affect positive change.

#### Tameside, Oldham & Glossop Mind Values:

#### Relationships

We listen and ask questions to understand others and to build trust. People matter to us both inside and outside our organisation.

#### **Potential**

We encourage personal responsibility for development by discovering and realising the abilities and energies of people.

#### **Aspiration**

We support one another, clients, and communities to achieve better mental health.

#### Learning

We seek insight and grow from experience finding new or better ways to contribute to the field of mental health.













# Community Navigator Job Description

Job Title: Community CAMHS Navigator

Children and Young people services (Tameside)

Hours: 36hrs per week

**Contract:** Fixed term till March 2025

Responsible To: Kelsey Urey, Families in Mind Project Manager.

Based in: Tameside

Salary: £27,462.24 Per Annum

#### Summary of Main Duties and Responsibilities

This is an opportunity to work as part of a charity committed to our vision of enabling everyone in our communities to achieve better mental health. TOG Mind is a fast-paced charity delivering a wide variety of mental health and emotional wellbeing services across Tameside, Oldham and Rochdale.

In your role as a Community Child & Adolescent Mental Health Service (CAMHS) Navigator you will work as part of the Children, Young People and Families Directorate and will be responsible for supporting children and young people transition from statutory mental and emotional wellbeing services, into community support to help aid their recovery, and sustain outcomes following completion of work with CAMHS.

You will be required to work closely with local CAMHS services, including being colocated within CAMHS service weekly.

You will carry a caseload of clients who you provide support to, at times and locations that support access and meet the needs of the client.

You will be familiar with the local community and emotional health and well-being services that are available for children and young people to access.

You will be responsible for the development of relationships with partners from local statutory and community-based services. Also you will be responsible for ensuring that the young people you are supporting receive a package of care and support that enables them to thrive in their local community.

## **Duties Relating to the Post**

#### Duties specific to this role:

- Work as an integral part of the Children, Young people and Families Directorate to deliver services directly to members of our community.
- Provide support to people within the boundaries of our services, identify any additional support and sensitively help them to access other services as needed.
- Be responsible for managing a caseload of people accessing the services.
- Work alongside other staff and volunteers to ensure members of our community can access the services they need.
- Make decisions autonomously according to good clinical practice to ensure the safety of people accessing services and help identify areas for improvement.
- Maintain professional boundaries.
- Work in collaboration with partner agencies and statutory services such as CAMHS and local support services.

#### General duties:

- Communicate effectively, verbally and in writing, to a wide range of people inside and outside the organisation.
- Use IT systems including email, online systems, and Microsoft packages to record and share information.
- Deliver and monitor a range of complex activities or programmes in your department.
- Achieve service and project outcomes.
- Work in partnership with a wide range of partners, stakeholders, and communities.
- Support the organisation to devise and develop improvements in your area of expertise.
- Carry out any other reasonable tasks relevant to the role.

#### Working pattern:

Core hours for this post are 9am – 5pm weekdays; However you may be required to work outside of these hours to facilitate family support around school and working hours, as our organisations hours of operation are 8am—8pm weekdays and Saturdays 10am – 2pm.

# Person Specification

E = Essential and must be able to demonstrate these points in order to be shortlisted

#### **Values**

- 1. Relationships: Demonstrate ability to listen and ask questions to understand others and build trust. (E)
- 2. Aspiration: Demonstrate ability to provide support to others relevant to this role. (E)
- 3. Learning: Demonstrate ability to undertake learning, seek insight, and grow from experience. (E)
- 4. Potential: Demonstrate ability to take personal responsibility for your own development and the development of others. (E)

#### **Experience**

- 1. Experience of providing support services to members of the public. (E)
- 2. Experience of working independently to deliver services safely. (E)
- 3. Experience of working with Children and Young people in supporting Emotional well-being and Mental Health (E)
- 4. Experience of Identifying and managing risk and safeguarding concerns (E)
- 5. Experience of working with Children and Young people. (E)
- 6. Experience of delivering 1-1 and group-based child led recovery focused support (E)

#### **Qualifications**

- 1. Willingness to undertake training and qualifications relevant to role. (E)
- 2. Recognised Qualification to Diploma level relevant to working in Mental Health and Well-Being or extensive equivalent experience

#### Knowledge

- 1. Knowledge of emotional wellbeing, mental health issues or other relevant health support services.
- 2. Knowledge of approaches to support people to achieve better mental health.
- 3. Understanding of professional boundaries

# Person Specification

#### Abilities required:

- Excellent verbal and written communication.
- Respond to change and uncertainty positively.
- Organisation and planning.
- Solution focussed.
- Team working and collaboration with others.
- Persuading and advocating.
- Negotiation and influencing.
- Effective knowledge sharing.



## **TOG Mind Team Benefits**



Flexible Working

We aim to support your where possible with flexible working options available



**Holiday Allowance** 

25 days (increasing to 30 with length of service) plus bank holidays



Training & Professional Development

Training opportunities as well as continuing professional development



Work for an Award Winning Organisation

TOG Mind qualifies for the Mind Quality Mark, assuring our services are high quality, effective, and sustainable.



#### Disability Confident Employer

We are proud to have been identified as a Disability Confident Employer



**Pension Benefits** 

5% employer pension contribution with 1-years salary death in service benefit



24/7 Employee Assistance
Programme and other
wellbeing activities



Enhanced Family Support and Benefits

Tameside, Oldham & Glossop Mind is committed to the equality, diversity and inclusion of all our candidates and staff, and we are committed to creating a workforce which represents the communities we serve.

Please contact <u>Recruitment@togmind.org</u> if you wish to discuss any additional needs or reasonable adjustments which may support your success at interview.

# Applying for the role



#### **Application Timeline**

Interested in applying for this role? Our timeline should give you an insight into how to apply for a job with us, when to expect your interview, and more!

Details of all our vacancies can be found on our website at www.togmind.org/vacancies

Or use the QR Code to the right:



To apply, send your CV and a cover letter which sets out how you meet the criteria for the role to <u>applications@togmind.org</u>

Please send your documents in word or pdf format and clearly state your name, the job title and reference number [ **169** ] in your email.

12/2/2024

The deadline for applications is midnight on: 12/2/24

Invites for interviews are currently planned to be sent out: 22/2/24

Interviews are currently planned to be held: 26/2/24

If you have any further questions and would like to get in touch, please email the hiring manager through phone or email; alternatively contact our office reception at <a href="mailto:office@togmind.org">office@togmind.org</a> or by calling **0161 330 9223**.

#### **Hiring Manager**

#### **Kelsey Urey**

Families in Mind Project Manager Tameside, Oldham and Glossop Mind

## **More about TOG Mind**

#### For more information on our Services, please visit our website:

Our services | Tameside Oldham and Glossop Mind (togmind.org)

#### For the most up to date information, please follow us on our social media:

Facebook—TOG Mind: <u>facebook.com/TamesideOldhamGlossopMind</u>

Facebook—Youth in Mind: <u>facebook.com/YiMind</u>
Twitter: twitter.com/TOGMind

Instagram—TOG Mind: <a href="mailto:instagram.com/tog\_mind/">instagram.com/tog\_mind/</a>

Instagram—Youth in Mind: <a href="instagram.com/youth\_in\_mind\_/">instagram.com/youth\_in\_mind\_/</a>

LinkedIn: https://www.linkedin.com/in/tameside-oldham-and-glossop-mind-91b4a766/

#### Also please consider signing up to our weekly E-Update here:

https://www.togmind.org/e-update





#### **Ashton Wellbeing Centre**

216-218 Katherine Street, Ashton-under-Lyne, OL6 7AS.

#### **Oldham Wellbeing Centre**

19-25 Union Street, Oldham, OL1 1HA.



Call: 0161 330 9223
Email: office@togmind.org

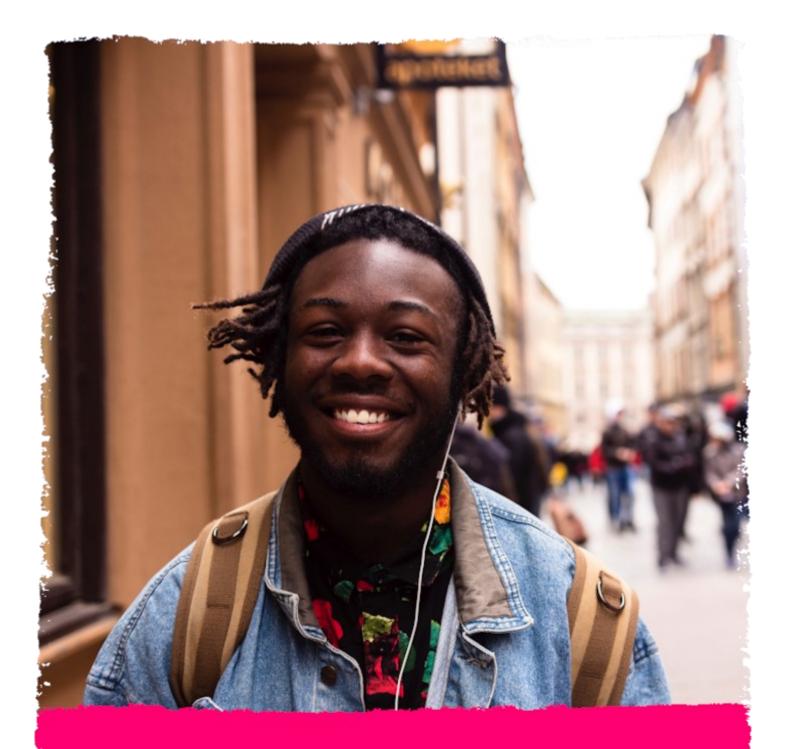












# We look forward to hearing from you!

