

Volunteer Counsellor

Tameside, Oldham and Glossop Mind have been supporting people experiencing mental illness for over 30 years. We aim to provide the best quality local mental health services in prevention, early intervention, and primary care; alongside empowering individuals and our communities to live well. We are currently recruiting volunteer Counsellors who have This could not have happened without the outstanding time and support offered by volunteers over the years. We are a thriving Well-being Centre with a wide variety of services. In order to do this we need support from people like you, who volunteer and provide a worthwhile service for our clients.

Working for Targeted Services

Counselling at TOG Mind will give you the opportunity to put in to practice all those wonderful skills you have learnt through your practice whilst being supported by an experienced support team. In this role you will be providing one-to-one Counselling with clients aged 16 and over in both a short term and longer term therapy model. Your practice will have to comply with the BACP Framework for Good Practice which is the framework our organisation operates and is guided by. You will be expected to complete basic clinical activity paperwork and standardised note taking for your caseload in line with our data compliance and governance guidelines as well as attend supervision independent from the organisation. You will be responsible for maintaining an appropriate level of informed CPD and attend internal training essential for carrying out your role.

Skills and requirements we are looking for in this role;

- To have qualified at Level 4 from a recognized counselling course that has the person-centered approach at the core of its model.
- Possess the skills to be able to work effectively with a client within a time limited model.
- Basic administration skills.
- Ability to work on own and as part of a team, to give and receive feedback effectively
- Able to commit to the agreed time slots to meet with rotating client work load.

The Benefits of Working with TOG Mind

1. Full training and ongoing support
2. Access to our internal Continual Professional Development (training) programme
3. Experience of working in a wellbeing organisation
4. Full references for any future job or volunteer role
5. Hot and cold beverages and biscuits throughout your time with us

Volunteers are an essential part of our organisation. We invest in our sessional workers and volunteers whenever we can. Recently this has included placing volunteers on our Community Mental Health Course Level 2, and supporting a group of volunteers to become trained Mindfulness Practitioners. We also offer paid roles to staff, volunteers and sessional workers internally first where possible.

If you are interested in supporting Tameside Oldham & Glossop Mind please apply via our website at www.togmind.org. Please email HR@togmind.org for more information. We look forward to meeting you soon.

