

New Living Well Mental Health Neighbourhood Team

Job Title: Wellbeing Coach x 2
Hours: 36 hours per week
Salary: £21,883.60
Grade 3
Start date: 1st October 2019
Job ref: WC1

Job Title: Peer Support Coach (lived experience of mental health conditions, distress and recovery)
Hours: 36 hours per week
Salary: £18,720
Grade 2
Start date: 1st October 2019
Job ref: PC1

We have exciting new opportunities to work within an innovative multi-disciplinary mental health team in Tameside. We are recruiting Wellbeing Coaches and a Peer Support Coach to work for TOG Mind in partnership and under the direction of Big Life Group as part of a wider multi-agency project.

The new team enables staff to work with a person-centred approach to support and empower those accessing the service within neighbourhoods. The team will support and motivate individuals to improve their mental health by helping them develop self-care skills, build resilience and better utilise community resources.

Employed by TOG Mind the coaches will work day to day in the neighbourhoods alongside Mental Health Practitioners, Therapists and Job coaches. The TOG Mind Team are a subcontracted service as part of Big Life Group's Neighbourhood Mental Health Teams.

We are looking for individuals motivated by the potential to make a difference to the lives of people and their communities, and have a strong understanding of individuals with multifaceted needs and serious mental illness.

Who we are:

We are a flexible and fast-moving charity delivering mental health services across part of Greater Manchester. Our aim is to continue to provide the best quality local mental health

services in prevention, early intervention and primary care; alongside empowering individuals and our communities to live well. We offer various services across the community and to individuals aiming to improve wellbeing and raise awareness around the importance of mental health support.

Why choose Tameside, Oldham and Glossop Mind?

1. We offer a dynamic, stimulating environment that embraces change and is open to new ways of working.
2. We provide a real opportunity to influence meaningful change within our society and for you to contribute your expertise to this process.
3. We maintain a strong commitment to ethical standards of working within a socially inclusive environment.
4. We offer ongoing training and development to all staff and volunteers, enabling you to gain qualifications and expertise in mental health and therapeutic interventions.
5. We offer a degree of flexibility around working hours, balancing work and personal commitments.
6. Other benefits include 25 days plus public holidays, a 5% pension contribution and a discount in our café.

Ready to apply? We'd love to hear from you.

1. Read the job description and person specification [Wellbeing Coach](#) / [Peer Coach](#).
2. [Download and complete an application form, stating which role you are applying for.](#)
3. Upload your application here: [Wellbeing Coach](#) / [Peer Coach](#).

**The closing date for applications is midnight on Monday 2nd September.
Interviews are planned for 4th and 5th September.**

As we have limited staff resources we only provide candidates with feedback following interviews.

For an informal discussion regarding the role please contact Jenny Moore on 0161 330 9223.