

## **Level 2 CPCAB Certificate in Counselling Skills (CSK-L2) with Tameside, Oldham and Glossop Mind (TOG Mind).**

### **Applications for CSK-L2**

The first round of applications for the course has opened (10/11/2020). For applicants to be interviewed before the Christmas holiday period, applications are to be returned to [trudijackson@togmind.org](mailto:trudijackson@togmind.org) by **12:00 noon on 7<sup>th</sup> December 2020**.

In addition to the application form, a short informal video call will be part of the application process. There are a limited number of places available.

### **When**

Term dates for this course are now confirmed as **9<sup>th</sup> March to 6<sup>th</sup> July 2021**, to include a break over the Easter and May half term periods.

(These dates are later than had been previously publicised.)

The course lasts for 15 weeks and will take place on Tuesday afternoons/evenings (starts at 1pm and finishes no later than 8pm, to include regular short comfort breaks, as well as a longer tea break).

### **Delivery method**

While Health and Safety guidelines for Covid-19 apply, the course will be delivered using online and video conferencing media (Zoom platform), ensuring that learners are able to interact in small and larger virtual groups with peers and their tutor(s) and take part in live lessons and discussions, as we have done successfully since Lockdown. Weekly work to complete the portfolio is submitted for marking electronically. Learners are therefore required to have suitable IT equipment and skills, as well as a reliable internet connection.

### **What**

The course is delivered by qualified counsellors with additional qualifications and experience in tutoring and training. Learners are supported to produce a portfolio of documents built up each week, evidencing understanding of theory and skills development.

Additionally, learners undertake an Adapted External Assessment set by CPCAB. This assessment will consist of a Structured Reflective Review paper of 5 questions, based on the Learning Outcomes studied in class, to be completed by the candidate at home, over a 1-week period. The course is accredited by the Counselling and Psychotherapy Central Awarding Body (CPCAB) which is a

nationally recognised awarding body specialising in the field of counselling. It is designed to give learners the underpinning knowledge, skills, and competencies to use counselling skills (as a 'helper') ethically and safely in a variety of contexts and roles.

## Why

This qualification is for those:

- starting the first step in training towards becoming a professional counsellor
- wishing to apply counselling skills in other professional or helping role
- wishing to improve professional and personal relationships, as part of personal development.

For those wishing to continue their studies with us, please note we are intending to run the Level 3 course to start in September 2021, also lasting 15 weeks. (Following completion of the Level 4 course, graduates are qualified to practice as counsellors. Whilst we do not currently offer the Level 4, we will support our learners with information on local providers; how to apply and provide references for courses, as well as a sense of what the Level 4 can entail).

## Costs

The cost of the Level 2 course is £780, and this may be paid in instalments from March to July 2021, subject to signing of a payment agreement and payment of a deposit by an agreed date. This fee is a total cost for delivery of the 75 plus Guided Learning Hours and includes course registration with the CPCAB and VAT.

We are currently not able to offer concessionary rates or Advanced Learner Loans at our centre.

If you have additional questions, I will be happy to try to answer them by email in the first instance. Information is also available on our website.

Email: [trudijackson@togmind.org](mailto:trudijackson@togmind.org)

Website: <http://www.togmind.org>