

Information Sheet for CPCAB Level 3 Counselling Skills

Entry requirements

Candidates are required to complete and return the application form, to include a referee.

Candidates to have successfully completed a Level 2 Counselling Skills course (CSK-L2) of at least 75 Guided Learning Hours (GLH). GLH are hours which learners have been instructed or taught by tutor or participating in training under guidance of tutor or similar.

If a level 2 counselling skills certificate is not already achieved, individual cases of equivalent or Recognised Prior Learning will be considered, using information provided on the application form and further discussion, if necessary.

Following the application form, candidates will be invited for a brief and informal online meeting with the course tutor.

Class sizes

The course is scheduled to run beginning on 15th September 2020 and end 19th January 2020.

There are places for 14 candidates to join this cohort.

Once places are filled, we will run a reserve list, in case of a place becoming available close to the beginning of the course.

When the course runs

The course will run 13:00-20:00 each Tuesday (with comfort breaks included).

The course will begin on 15th September 2020 and end on 19th January 2021, with 15 weeks of sessions scheduled and up to 2 holiday breaks scheduled throughout the course.

Delivery media for the course

The course delivery will begin with 100% online delivery (using the Zoom platform.)

When it is safer to do so, we intend to resume delivery to face to face in Ashton. This decision will be based on government guidelines and risk assessments for our building and in consultation with CPCAB.

Costs

The total fee for the course (including VAT & registration) is £900 per person.

We are currently not able to offer a concessionary rate, nor Advanced Learner Loans.

Once an offer of place has been made and accepted, a deposit of £300 is required to secure the place. This deposit is required by 31st August 2020.

If candidates have any difficulty with making this deadline for the deposit, please discuss with centre staff.

The remainder of the fee (£600) can be spread over the course to be paid in instalments. Payments may be made by Bank Transfer during the time of remote/online teaching.

Further information about the course

As part of the course, learners are required to produce a portfolio of evidence showing understanding and skills development and to undertake an external assessment which is set by CPCAB and will take place at our Wellbeing Centre in Ashton (subject to safety guidelines). Sessions will be structured to include class group work and taught sessions; smaller group work; skills practice triads and peer supervision groups with tutor support/facilitation.

The course is accredited by the Counselling and Psychotherapy Central Awarding Body (CPCAB) which is a nationally recognised awarding body specialising in the field of counselling.

The Level 3 Certificate in Counselling Studies is designed to expand upon learners' understanding and knowledge of counselling skills by introducing learners to:

- Ethical and safe practice within counselling agencies
- Counselling theories and how these can enhance understanding of self and clients
- Mental health
- Alongside exploring the role of research within counselling practice

This qualification is intended for candidates who have already acquired a recognised qualification in counselling skills (usually Level 2) and want to take the next step in training towards becoming a counsellor and prepare for work as a professional counsellor in an agency setting (after successful completion of Level 4).

The Level 3 Certificate in Counselling Studies is designed as a pre-practitioner training for professional counselling qualifications, therefore, following successful completion of the Level 3 Certificate in Counselling Studies, learners will have the underpinning knowledge and skills required to undertake the next step, Level 4, which will include a supported placement within a counselling organisation. We are currently not offering the Level 4 course but can support with individuals' applications to other providers.

By the end of the level 3 course we aim to have supported you to:

- Improve your listening skills
- Work effectively in groups
- Understand the demands of a counselling course and the commitment required
- Experience self-growth through personal development exercises
- Use your skills in the work environment and relationships

If you have additional questions relating to the course, we will be happy to try to answer them if you get in touch.

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