

## Tameside, Oldham and Glossop

### Trustee - Families

Do you believe mental health is as important as physical health? Want to make a difference in mental health for families? Have experience of working with families?

We are looking for a volunteer to join our highly motivated and skilled executive board of trustees. We are looking to recruit a committed and enthusiastic individual to further strengthen our board and help us to achieve the next phase of our development with our Families work. We require someone who is able to work at a strategic level with wide experience of working with families around wellbeing and support needs.

Tameside, Oldham and Glossop Mind is an independent locally run charity that has been providing services to the community for over 40 years. We are passionate about mental health and believe that Mental health is as important as physical health and applies to everyone. We value people and invest in people in everything we do. In the past 10 years we have helped over 500,000 people and expanded our reach by 3400%. We are excited to seek the right board member to join us and be part of continuing this very important work.

The Board of Trustees are responsible for supporting good governance, strategic direction and financial oversight of the Trading and Promotions Companies alongside the current Directors of the companies.

If you have passion for the charity sector, have relevant experience at a frontline and/or strategic level with Families and would like to make a positive contribution to the work we do, then we would love to hear from you.

Trustees are expected to attend monthly Board meetings held on a Monday Night at 6pm for approximately 2 hours and read all associated papers, attend annual Executive Board Away day, and if possible get involved occasionally in other activities such as open days, all staff away days, service delivery visits.

As a Trustee you will get to make a difference to the mental health landscape for local people and communities, learn more around mental health, have access to TOG Minds CPD training, receive out of pocket expenses, and learn more around leadership and governance.

If you are interested please contact Cheryl Eastwood for an informal conversation or complete the Trustee Application Form.