One-to-one Children and Young People’s worker

Our one-to-one volunteers will work with children and young people aged 8-18. This could be conducting assessments or delivering guided self-help and solution focussed interventions.

During assessments you will collate sensitive information from CYP and family/carers, build rapport and promote engagement within a short timeframe and then signpost them to the most appropriate service for them. For our guided self-help service you will work collaboratively with CYP for around 5 sessions working on issues such as anxiety, anger, low mood, confidence and stress. You will need to communicate effectively and keep accurate records of each sessions.

You will be required to engage with a wide range of our local community who often present in stressful situations which will require you to have the following skills;

Skills we are looking for in this role;

* Empathy
* Good communication with CYP and adults
* Excellent listening skills
* Collaborative working
* Good understanding of non-verbal language
* Ability to listen and deal with difficult situations
* Accurate record keeping

The Benefits of volunteering with TOG Mind

1. Full training and ongoing support such as group supervision
2. Access to our internal Continual Professional Development (training) programme
3. Volunteer in a 4 hour block and receive a free lunch at one of our Café’s
4. Full remuneration for any travel expenses incurred
5. Experience of working in a wellbeing organisation
6. Full references for any future job or volunteer role
7. Hot and cold beverages and biscuits throughout your time with us

Volunteers are a central part of our organisation which means where and when we can invest in volunteers, we do so. Recently we have placed a few volunteers on our Community Mental Health Course Level 2, and before that we supported a group of volunteers to become trained Mindfulness Practitioners. Though we can’t routinely offer this training to our volunteers, this is something we strive to do as an organisation.

Over 50% of our staff started off working for Tameside Oldham and Glossop Mind as a volunteer, where possible we aim to recruit from our volunteer pool. Any sessional work or paid roles are usually advertised internally first giving our volunteers an opportunity to apply for a paid role

If you are interested in supporting Tameside Oldham & Glossop Mind please either apply via our website at [www.togmind.org](http://www.togmind.org) or email HR@togmind.org for more information. We look forward to meeting you soon.

