Families in Mind Worker

Our Families in Mind volunteers will work with children and young people and their families. You will work with families on their own as well as groups of families together. You will work with families to set goals and work on the difficulties they are experiencing.

During the sessions you will build rapport and promote engagement within the family. You will be able to listen and communicate effectively to the whole family whilst helping them work towards their goals. Through interactive activities, talking and worksheets you will support the family to overcome their difficulties.

You will be required to engage with a wide range of our local community who often present in stressful situations which will require you to have the following skills;

Skills we are looking for in this role;

* Empathy
* Good communication with CYP and adults
* Excellent listening skills
* Collaborative working
* Good understanding of non-verbal language
* Ability to listen and deal with difficult situations
* Accurate record keeping
* An understanding and empathetic view of the issues CYP and families have to deal with
* An ability and willingness to get stuck into the activities that form part of the workshop

The Benefits of volunteering with TOG Mind

1. Full training and ongoing support such as group supervision
2. Access to our internal Continual Professional Development (training) programme
3. Volunteer in a 4 hour block and receive a free lunch at one of our Café’s
4. Full remuneration for any travel expenses incurred
5. Experience of working in a wellbeing organisation
6. Full references for any future job or volunteer role
7. Hot and cold beverages and biscuits throughout your time with us

Volunteers are a central part of our organisation which means where and when we can invest in volunteers, we do so. Recently we have placed a few volunteers on our Community Mental Health Course Level 2, and before that we supported a group of volunteers to become trained Mindfulness Practitioners. Though we can’t routinely offer this training to our volunteers, this is something we strive to do as an organisation.

Over 50% of our staff started off working for Tameside Oldham and Glossop Mind as a volunteer, where possible we aim to recruit from our volunteer pool. Any sessional work or paid roles are usually advertised internally first giving our volunteers an opportunity to apply for a paid role

If you are interested in supporting Tameside Oldham & Glossop Mind please either apply via our website at [www.togmind.org](http://www.togmind.org) or email [HR@togmind.org](mailto:HR@togmind.org) for more information. We look forward to meeting you soon.

