# Tameside, Oldham and Glossop



## Safe Tameside



Peer Support Worker

# **About the Organisation**



#### **Our Vision**

"Enabling everyone in our communities to achieve better mental health"

#### **Our Mission**

"To continue to provide the best quality local mental health services in prevention, early intervention and primary care; alongside empowering individuals and our communities to live well."

We provide a wide range of services to our local communities. We provide support to individuals, groups, and families. We work with people of all ages and have a dedicated Youth in Mind team providing support to Children and Young people. We typically work with over 5,000 people per year and have consistently received feedback that over 70% of people felt their wellbeing had improved as a result of using our services.

#### **Our Values**

#### TOG Mind is passionate about mental health and believes that:

- Mental health is as important as physical health, and applies to everyone.
- People are experts on themselves and our role is to work holistically to help people to help themselves.
- As a charity TOG Mind occupies a special place in the landscape of mental health services. We can innovate, adapt and serve our communities in ways that others can not.
- Our appetite for continuous development and improvement enables us to affect positive change.

#### Tameside, Oldham & Glossop Mind Values:

#### Relationships

We listen and ask questions to understand others and to build trust. People matter to us both inside and outside our organisation.

#### **Potential**

We encourage personal responsibility for development by discovering and realising the abilities and energies of people.

#### **Aspiration**

We support one another, clients, and communities to achieve better mental health.

#### Learning

We seek insight and grow from experience finding new or better ways to contribute to the field of mental health.

# Peer Support Worker Job Description

Job Title: Peer Support Worker

Hours: 26

**Contract:** Fixed Term until March 25

Responsible

To:

Living Well Team Leader

Based in: Ashton-Under-Lyne

£14,736.80 (actual)

Salary:

£20,404.80 pro rata based on 36 hours

#### Summary of Main Duties and Responsibilities

Safe Tameside is an exciting VCSE collaboration including TOG Mind, The Anthony Seddon Fund and Big Life Group. The service is a crisis alternative designed to provide people experiencing mental health difficulty with an easily accessible and calming environment to de-escalate, talk through what is on their mind and feel heard. Additionally, the service is designed to enable people to walk away with a plan for how to manage their mental health moving forward.

In the role as Peer Support Worker for the Safe Tameside service you will provide a warm and welcoming reception to anybody accessing the service, speak with people 1:1 around what is troubling them and support them in their management of and recovery from experiencing mental health crisis.

For this role you will have experience and knowledge of, personally or professionally, emotional wellbeing and mental health issues. You will also have experience of liaising with members of the public.



# **Duties Relating to the Post**

#### Duties specific to this role:

- Work as an integral part of the Safe Tameside service providing emotional support to those accessing the service.
- Act as the initial point of contact to members of our community and ensure they are welcomed to our services.
- Sensitively help people to access the most appropriate source of support and enable active engagement.
- Liaise with staff and volunteers to ensure the people using our services receive the support needed.
- Maintain professional boundaries.

#### General duties:

- Communicate effectively, verbally and in writing, to a wide range of people inside and outside the organisation.
- Use IT systems including email, online systems, and Microsoft packages to record and share information.
- Support the planning and delivery of a range tasks, activities or programmes in your department.
- Carry out any other reasonable tasks relevant to the role.

#### Working pattern:

The core hours for this post are 1pm – 8pm weekdays based at The Anthony Seddon Fund building, Ashton—Under—Lyne

# Person Specification

E = Essential and must be able to demonstrate these points in order to be shortlisted

#### **Values**

- 1. Relationships: Demonstrate ability to listen and ask questions to understand others and build trust. (E)
- 2. Aspiration: Demonstrate ability to provide support to others relevant to this role. (E)
- 3. Learning: Demonstrate ability to undertake learning, seek insight, and grow from experience. (E)
- 4. Potential: Demonstrate ability to take personal responsibility for your own development and the development of others. (E)

#### **Experience**

1. Experience of providing support services to members of the public (E)

#### Qualifications

1. Willingness to undertake training and qualifications relevant to role. (E)

#### Knowledge

1. Knowledge of emotional wellbeing, mental health issues or other relevant health support services.

# Person Specification

#### **Abilities required:**

- Good verbal and written communication.
- Responding to change and uncertainty positively.
- Organisation and planning.
- Solution focussed.
- Team working and collaboration with others.



## **TOG Mind Team Benefits**



Flexible Working

We aim to support your where possible with flexible working options available



**Holiday Allowance** 

25 days (increasing to 30 with length of service) plus bank holidays



Training & Professional Development

Training opportunities as well as continuing professional development



Work for an Award Winning Organisation

TOG Mind qualifies for the Mind Quality Mark, assuring our services are high quality, effective, and sustainable.



Disability Confident Employer

We are proud to have been identified as a Disability Confident Employer



**Pension Benefits** 

5% employer pension contribution with 1-years salary death in service benefit



24/7 Employee Assistance Programme and other wellbeing activities



Enhanced Family Support and Benefits

Tameside, Oldham & Glossop Mind is committed to the equality, diversity and inclusion of all our candidates and staff, and we are committed to creating a workforce which represents the communities we serve.

Please contact <u>Recruitment@togmind.org</u> if you wish to discuss any additional needs or reasonable adjustments which may support your success at interview.

# Applying for the role



#### **Application Timeline**

Interested in applying for this role? Our timeline should give you an insight into how to apply for a job with us, when to expect your interview, and more!

Details of all our vacancies can be found on our website at www.togmind.org/vacancies

Or use the QR Code to the right:



To apply, send your CV and a cover letter which sets out how you meet the criteria for the role to applications@togmind.org

Please send your documents in word or pdf format and clearly state your name, the job title and reference number [ 168 ] in your email.

The deadline for applications is midnight on: **5.2.24**Invites for interviews are currently planned to be sent out: **W/C 12.2.24**Interviews are currently planned to be held: **19.2.24** 

If you have any further questions and would like to get in touch, please email the hiring manager through phone or email; alternatively contact our office reception at office@togmind.org or by calling **0161 330 9223**.

#### **Hiring Manager**

#### Joanne Mellett

Living Well Tameside Team Leader Joannemellett@togmind.org

### **More about TOG Mind**

#### For more information on our Services, please visit our website:

Our services | Tameside Oldham and Glossop Mind (togmind.org)

#### For the most up to date information, please follow us on our social media:

Facebook—TOG Mind: <u>facebook.com/TamesideOldhamGlossopMind</u>

Facebook—Youth in Mind: <u>facebook.com/YiMind</u>

Twitter: <u>twitter.com/TOGMind</u>

Instagram—TOG Mind: <a href="mailto:instagram.com/tog\_mind/">instagram.com/tog\_mind/</a>

Instagram—Youth in Mind: <a href="instagram.com/youth\_in\_mind\_/">instagram.com/youth\_in\_mind\_/</a>

LinkedIn:

https://www.linkedin.com/in/tameside-oldham-and-glossop-mind-91b4a766/

#### Also please consider signing up to our weekly E-Update here:

https://www.togmind.org/e-update





#### **Ashton Wellbeing Centre**

216-218 Katherine Street, Ashton-under-Lyne, OL6 7AS.

#### **Oldham Wellbeing Centre**

19-25 Union Street, Oldham, OL1 1HA.



Call: 0161 330 9223
Email: office@togmind.org

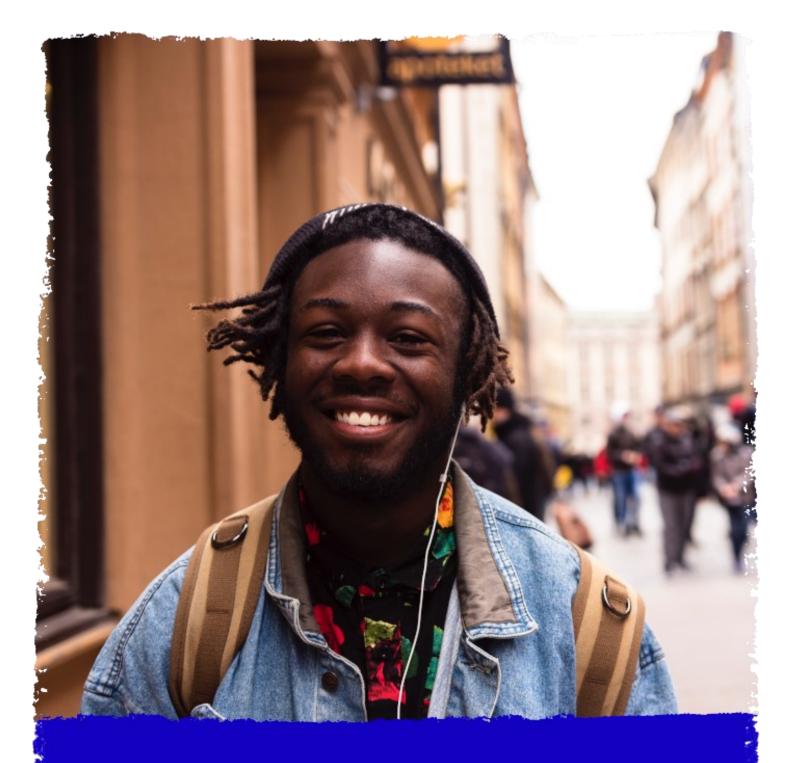












# We look forward to hearing from you!

